

You can talk to us about those health issues that are not easy to talk about ...

We can help you find solutions and care for:

- Painful wounds or bedsores
- Wounds or bedsores that don't heal
- Problems caused by venous disease, such as wounds and/or swollen legs
- Having to run to the bathroom too often to urinate
- Feeling as if you have no control over your bladder and/or bowel
- Skin irritation from your ostomy
- Problems with your ostomy leaking and other "unmentionable" concerns
- Diabetes mellitus with foot deformities, which can cause calluses and open wounds
- Wounds from surgeries that aren't healing properly

Call the specialists

Rice Memorial Hospital
WOC Nursing
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DID YOU KNOW?

WOC nurses achieve better results with their patients than the results that are obtained when care is delivered without the involvement of a nurse specialist.



Care and solutions for your
**Wound, Ostomy
& Continence
CONCERNS**



Place your care in the hands of an expert to successfully manage your health condition

Specialists in caring for people with wound, ostomy and continence concerns

What is a WOC nurse?

A Wound, Ostomy, and Continence (WOC) Nurse is a specialist in caring for patients with wounds, ostomy and continence conditions. WOC Nurses are registered nurses with advanced education that enables them to treat special conditions, as well as provide education, counseling and emotional support to patients and their families.

Meet the WOC nurses at Rice Memorial Hospital



Cathy Moe,
APRN-BC, CWOCN
Certified Wound, Ostomy,
Continence Nurse



Suzanne Keuseman,
APRN-BC, CWOCN
Certified Wound, Ostomy,
Continence Nurse

Cathy Moe and Suzanne Keuseman have been certified by the Wound, Ostomy, and Continence Nursing Certification Board which indicates a personal commitment to professional growth, as well as the knowledge and skills needed to provide you with the best care possible to treat your special concerns.

What services are available?

If you have a wound, we can help ...

- Evaluate and determine the cause and appropriate treatment options
- Coordinate your care plan by working with your healthcare team to provide advanced and specialized care
- Introduce techniques to prevent other wounds and bedsores from developing
- Educate you and your family about the strategies that best promote healing

If you have an ostomy, we can help ...

- Evaluate and recommend secure pouching systems for best results
- Develop individual rehabilitation plans to help you return to a productive lifestyle
- Choose stoma sites before your surgery to ensure independence after your surgery
- Provide understanding for the wide range of issues important to you and the level of care needed for your ostomy

If you have incontinence, we can help ...

- Evaluate the physical, psychological and social concerns of incontinence issues
- Provide understanding of the concerns
- Monitor the results of your treatment plan
- Support the best treatment plan possible to restore continence, often without long-term product use or inappropriate institutional care

Definitions and credentials

Wound

A wound is an injury that has happened to living tissue (such as the skin) by a cut, blow, or similar pressure that results in damage.

Ostomy or Stoma

An ostomy or stoma is an opening in the body that was created surgically in order to allow waste to be eliminated from the body.

Continence

Continence is being able to control your body's ability to eliminate body waste. Incontinence can happen at any age and may include frequent urination, dribbling, and/or feeling like your bladder doesn't empty. Fecal incontinence is being unable to control the passage of gas and/or liquid or solid stool.

APRN-BC

A Board Certified Advanced Practice Registered Nurse (APRN-BC) can write a prescription for care plan and treat patients independently without a doctor's referral.

CWOCN

A Board Certified Wound Ostomy and Continence Nurse (CWOCN) can provide individual treatment plans for the complex nature of WOC concerns. They can also provide specialized therapies and preventive care, as well as education and counseling to patients and their families.